

Emilio Bouza



Patricia Munoz



Who am I

- **Teaching:** Full profesor Microbiology Medicine
- Assistance: Head of the Microbiology-Infectious Diseases Department at Gregorio Marañón General University Hospital
 - ✓ HIV+ care
 - ✓ Consultations for Transplantation, Cardiac Surgery, Gastroenterology, Nephrology, Neurology, Cardiology, Oncology, Hematology, Coronary Unit, and Cardiovascular Surgery Postoperative Care
 - **✓** Nosocomial infection control
- Research Areas
 - ✓ Infections in immunocompromised patients
 - **✓** Nosocomial infections in ICUs
 - ✓ Invasive Fungal infections
- Management 150 healthcare professionals with diverse backgrounds



Emilio Bouza

Universidad Complutense de Madrid







Hospital General Universitario Gregorio Marañón. Madrid











Clinical Microbiology-Infectious Diseases





Diagnostic Clinical Microbiology











Infectious Diseases

- Ward with 21 beds
- Consultations to all areas of the hospital
- External general consultation
- Specialized consultations
 (travellers, STD, endocarditis, fecal microbiota transplantation, PREP,

Clinical challenges in Infection control

Clinical perspective and some case studies

25.02.2025. 1330-1500

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Clinical Microbiology and Infectious Diseases

Hospital General Universitario Gregorio Marañón

Research Institute Gregorio Marañón

Centro de investigación biomédica en red en Enfermedades Respiratorias (CIBERES)

University Complutense of Madrid, Spain

Sociedad Madrileña de Microbiología















What is a Nosocomial Infection?

What is its numerical significance and etiology?

Misuse of Antimicrobials – Antimicrobial Stewardship Programs (PROA)

Which are the most common nosocomial infections?

What is the reality of nosocomial infections in Spain?

What impact has COVID-19 had?

What is the cost?

What do we need to eliminate it? Eliminate it?

Engineers

Final Messages

Some examples

What is a Nosocomial Infection?

Nosocomial infection. Definition

Originated or occurring in the hospital Acquired in the hospital (after >72 hours and not in incubation at admission)

"Nosocomial"

"nosus": disease

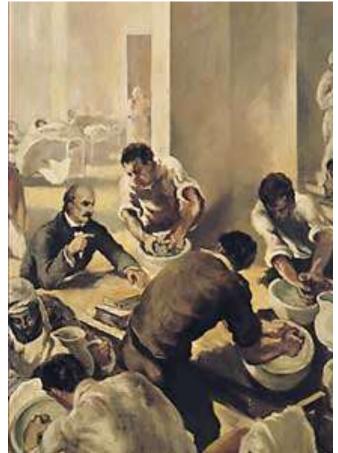
"komeion": to care

An infection contracted while the patient is receiving healthcare



Concept of NI

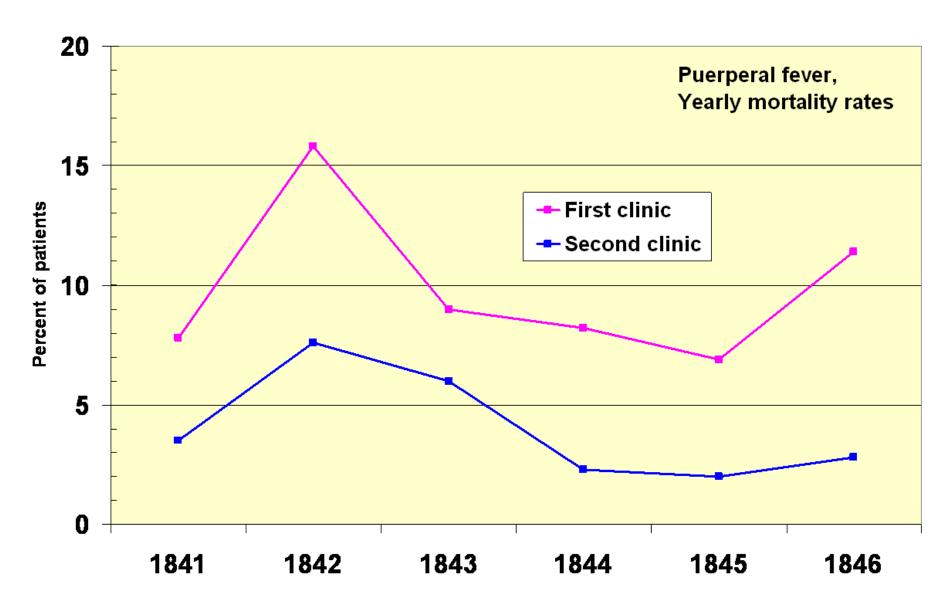




Semmelweis in Wien

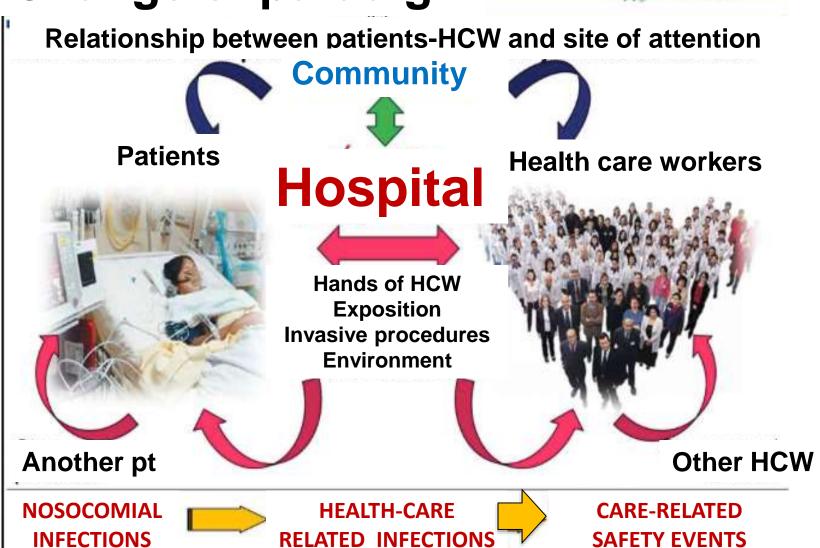
He compared the rates of infection with a similar hospital in Dublin, Ireland, and hypothesized that it was the medical students who somehow were infecting the women after labor.

He instituted mandatory hand-washing in May 1847 and infection rates dropped dramatically



Change of paradigm





Health-care associated infections



HCAI includes infections acquired in other healthcare settings, such as nursing homes, dyalisis or outpatient clinics

Superbug death toll still rising

Infections have increased by four

the arms while more against more being much shown agains and shown agains again again again Infections microbiennes préoccupantes

Une bactérie a causé plus de morts l'an dernier à Montréal que le SRAS à Toronto

PASCALE BRETON

Plus de patients sont morts à Montréal l'an demier d'une infection contractée à l'hôpital que dans l'épidémie de SRAS qui a frappé Toronto.

nouvelle étude recense le nombre de En 2003 et au début de 2004, la Ontario à la sulte du syndrome respition médicale canadienne (JAMC), une lon. patients qui, lors d'un séjour à l'hôpi- bacterie a été détectée thez 1400 pa- tatoire sévere aign (SRAS). tal, ont contracté une infection à la uents hospitalisés dans six établissebactérie Clouridium diffiale (C. diffiale), ments montrédais. De ce nombre, 79 Voir INFECTIONS on A4

Publice dans le Journal de l'Associa- qui s'attaque principalement au co- personnes sont mortes. Comparative-

The state of the s

CD 20 SINCE LAST YEAR

secret,

al report

Sherbrooke hospital superbug

DILAPIDATED PACILITIES PARTLY TO BLAME Expert links apidemic of C. difficile to strain

on health-care resources. "We didn't invest. We didn't modernize. We are paying the price'

Jumpy Montrealers avoiding hospitals

FEAR CONTRACTING BACTERIAL INFECTION

Patients seeking advice, simple reassurance in wake of 79 deaths linked to potent bug

AARON DERFEL GAZETTE HEALTH REPORTER

Hospitals across Montreal are fielding calls from anxious patients who are concerned about

catching an aggressive strain of intestinal bacteria blamed for the deaths of at least 79 people since last year.

Some Montrealers have decided to stay away from hospitals, cancelling blood tests or appoint-

A 75-year-old heart patient called The Gazette yesterday to share his fears about the highly contagious bacterium, Clostridium difficile, which can cause repeated bouts of diarrhea and resist common antibiotics.

"If I go in as an in-patient, I'm worried that I could end up like the 79 that died," said the Côte

des Neiges pensioner, who didn't want his name published.

At the Jewish General Hospi tal, where 16 patients have died. the blood test centre was earily quiet at 9:15 a.m. A few patients sat in the waiting area. A woman who went there to have her blood drawn said the centre is usually packed at that hour

Please see STRAIN, Page A3

AVIVALILED

Bactérie C. difficile: Québec crée un comité d'expert

PASCALE BRETON

Après une opération au genou et un traitement aux antibiotiques, Susan McDougall a soudainement

pital, mais ça n'a pas été détecté « Les moyens ne sont pas très tion des médecins microbiologis-

Après six jours d'hospitalisation à l'Hopital général juif de Montà l'Ho réal, M= McDougall a été en- mandaté un comité d'experts grès à faire en cette matière. voyée dans un centre de réadap- pour tenter de comprendre les

avant que je sois au centre de réa- compliqués, mais ils sont compli- tes infectiologues du Québec. daptation. l'avais de la fièvre, de qués à mettre en place parce. Les patients eux-mêmes doivent la diarrhée, mais jamais on ne qu'ils touchent tout le monde. être vigilants, principalement d'antibiotiques devrait m'a demandé si j'allais bien. Au C'est d'abord l'hygiène, les gens lorsqu'ils prennent des antibiotieu des poussées de flèvre et de la début, je pensais que c'était nor- doivent apprendre à se laver les ques. « Le patient devrait toudiarrhée. Deux symptomes de la mal, que c'étair simplement une mains en passant d'un patient à jours aviser son médecin lors pour prendre des antibio bactérie Clostridium difficile qui consequence de l'opération et des antibiotiques », raconte Mere la puce à antibiotiques », raconte Mere la puce à antibiotiques », raconte Mere la difficile du personnel de l'hôpital.

McDougall.

mains en passant d'un patient à jours aviser son médecin lors pour prendre des antibiotiques », raconte Mere l'autre «, indique le D Michel A. d'apparition de diarrhée, de dou-leurs abdominales out de hausses affirme le D Potrier.

La population ne doit pa

Superbug most lethal

APPEARS TO HAVE MUTATED IS MONTHS AGO

Microbiologists and physicians have been studying bug for six months to confirm it's a new strain originating in Montreal

GARGE BEALTH HERGELER

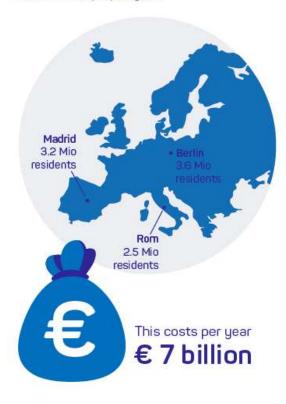
A similar cultinents of C. start-che has struck bespirate in Cal-20ry where D people have died in the U.S. midwest, doctors are reporting a script of C. diffict injections and reculting chara-startable ones. The virulent strain of bacteria that has killed at laint to people by Montreal since had year to



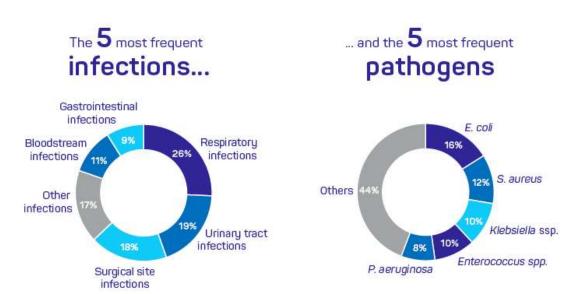
Factsheet

Healthcare-associated Infections

3.8 million
HAls in Europe per year









This calls for



- They affect around 4.1 million patients per year in the EU,
- leading to a significant increase in morbidity, mortality, and costs.



Una cama de hospital vacia. Frantije Lesse - Filicka

INVESTIGACIÓN / MEDICINA PREVENTIVA

Mueren más personas en Europa por infecciones en el hospital que por sida o tuberculosis

Un nuevo estudio ofrece una completa radiografía de este problema en la Unión Europea, que afecta a más de dos millones y medio de ciudadanos.

19 octubra, 2016 - 01:28

EN ENFERMEDADES INFECCIORAS HOSPYTALES ENFERMEDADES HIGIENE

Antonio Villarreal - 9

Cada año, 2.609.911 ciudadanos de la Unión Europea pillan una infección en el hospital, de los cuales 91.130 acaban muriendo. Los datos, provenientes de un nuevo estudio publicado en *PLOS Medicine*, avalan las cifras que adelantaba EL ESPAÑOL sobre infecciones hospitalarias en España.

Nosocomial Infections A History of Hospital-Acquired Infections



Jia-Yia Liu, мр^{а,b,c,*}, Jana K. Dickter, мр^d

1.700.000 infecciones nosocomiales90.000 muertes/year6ª causa de muerte en EE.UU.

> Que HIV+Cancer+Tráfico juntos

Nosocomial infection: Cifras



Entre 5 y 10% de todos los ingresados

88.000 muertes/year en los Estados Unidos (mortality)

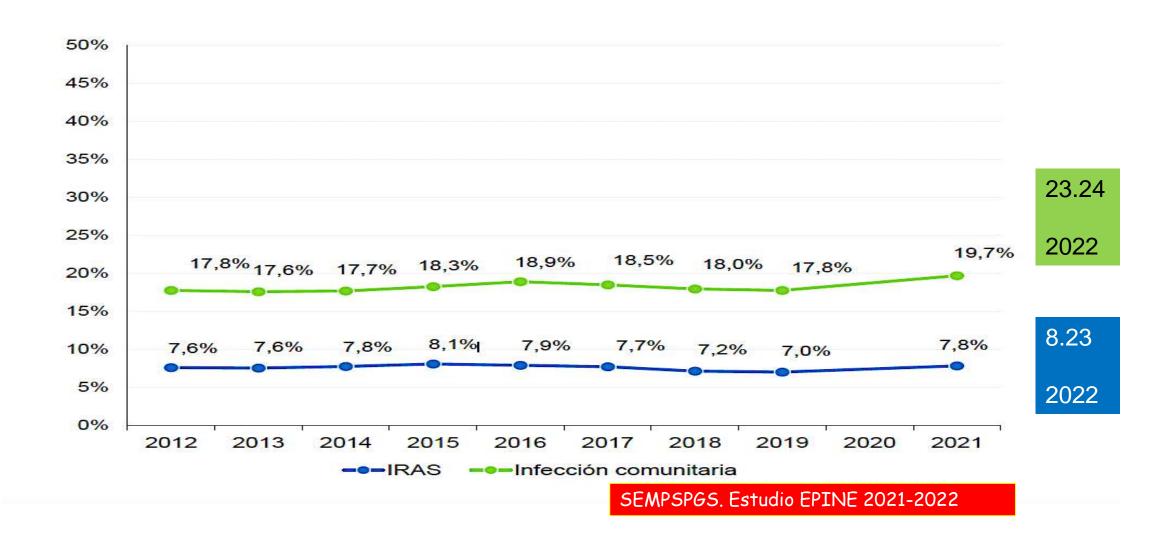
Retraso del alta hospitalaria (morbilidad)

Aumento consumo de antimicrobianos

Aumento de costes

Impertante parámetro de calidad asistencial

Community acquired or nosocomial infection in 300 Spanish hospitals



On any given day:



Hospitals

1/15

hospital patients have at least one HAL.

98 000

patients have at least one HAI.



Long-term care facilities

1 / 26

long-term care facilities residents have at least one HAI.

130 000

residents have at least one HAI.

Facts

A total of 8.9 million HAIs were estimated to occur each year in European hospitals and long-term care facilities combined.

HAIs in hospitals (for example pneumonia, surgical site infections and bloodstream infections, are usually more severe than HAIs in long-term care facilities (for example respiratory infections other than pneumonia, urinary tract infections and skin and soft issue infections).

More than half of certain HAIs are considered preventable.

8.9 million HAIs occur



Hospitals

Long-term care facilities



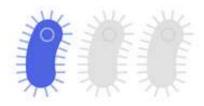
Microbiological samples

HAIs are frequently treated without taking microbiological samples or samples remain negative.



Microorganisms

The responsible microorganism was identified in 53% of HAIs in hospitals and only in 19% of HAIs in long-term care facilities.

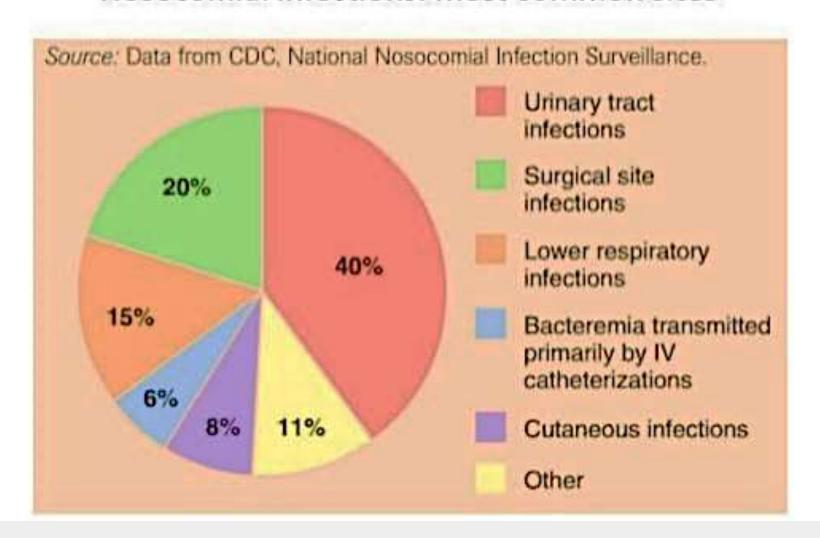


Resistance to antibiotics

1 in 3 bacteria associated with HAIs, both in hospitals and in long-term care facilities, was resistant to antibiotics.

Which are the most important nosocomial infections?

Nosocomial infections: most common sites



Catheter-related UTI

Nosocomial bloodstream infection (iv catheter-related)

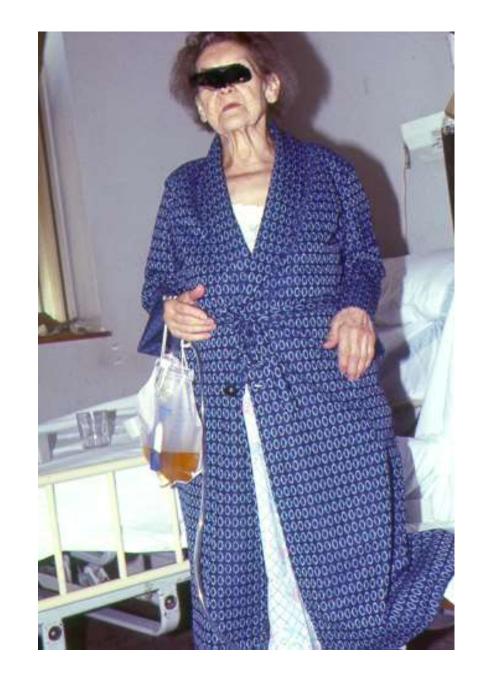
Surgical site infection

Hospital acquired pneumonia

Hospital acquired diarrhea

Incidence or prevalence figures	
Strength of the data	
Evolution	
last 10 years	
Mortality	
Cost	
Impact of COVID-19 pandemia	
Measurement parameters	

Indwelling bladder catheter-related UTI



Nosocomial UTI

UTIs are the most common NI (CDC and WHO)

75% of HCAIs

Instrumentation of urinary tracts with urethral or suprapubic catheters

CDC. (CAUTI). 2015. Available at: https://www.cdc.gov/hai/ca_uti/uti.html. Accessed September 18, 2019. lacovelli V, Urologia 2014;81(4):222–7.



Indwelling bladder catheters

10-15% hospital pts

Urinary catheter 15% in the hospital

Advanced age

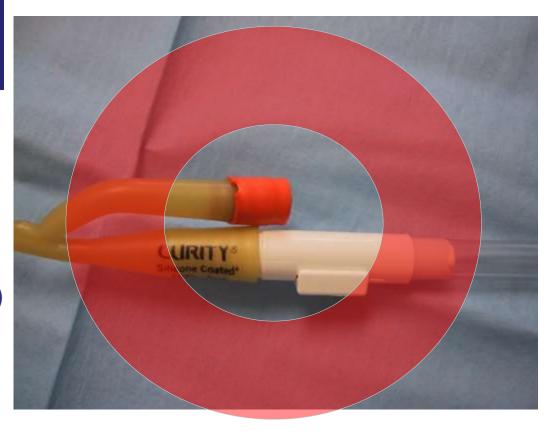
Women

Instrumentation/Surgery

UTI in 5-25% of patients with catheter (2-4% bacteremia)

INFECTION: 10% PER DAY OF CATHETERIZATION

5.3 UTI/1,000 catheter days

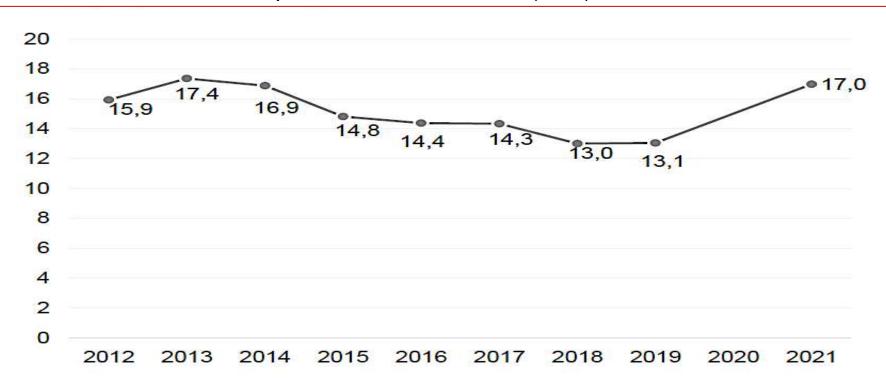


CAUTI

Incidence	3% of pts with indwelling bladder catheter 3.97 episodes/1,000 admissions 5.28 episodes/1,000 catheter-days catéter 9.86 episodes/1,000 catheter-days (Japón)
Strength of the data	Weak
Evolution last 10 years	Reduction in adults and in ICU
Mortality	8-10%
Cost	~ 1,000 \$ per episode Cost reduction (288 000-392 000 \$), after interventions
Impact of COVID-19 pandemia	Questionable increase during the pandemic
Measurement parameters	CAUTI/1,000 admissions or CAUTI/10,000 days

UTIs

Prevalence of HA.UTI acquired in the own center (0/00). EPINE 2012-21



18.65

2022

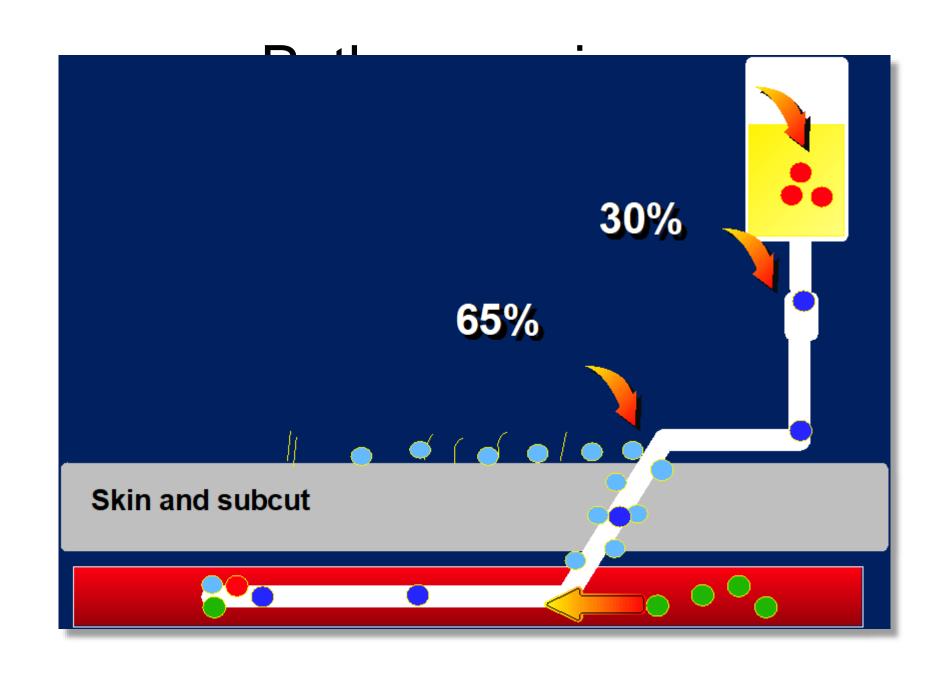
Endovascular infection. Bacteremia. Fungemia. Infective endocarditis

Nosocomial infection: CR-BSI

Intravenous catheters 15%







Central and peripheral catheters





10%

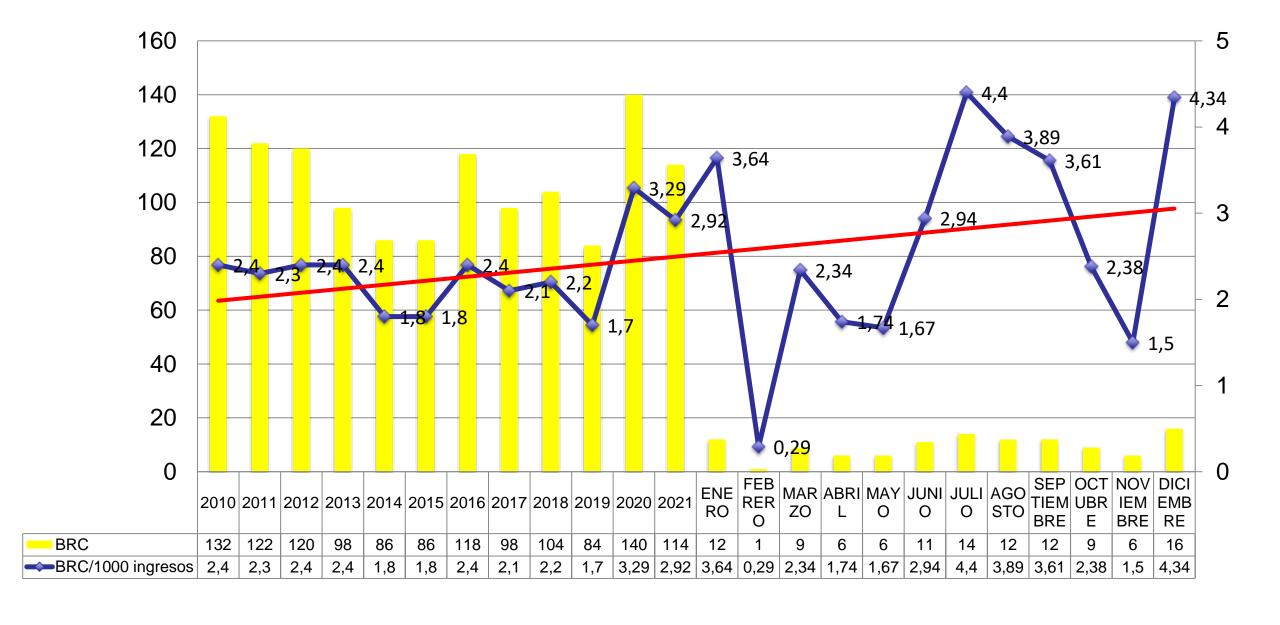
73%



Bacteriemia/fungemia Relacionada con el Catéter (CR-BSI)

Incidence	1.9 - 2.3/1,000 admissions 7-10% of all BSIs
Strength of the data	Weak
Evolution last 10 years	Stable or reduction
Mortality	14% (17.9% to 10.6%)
Cost	\$33,000 - \$75,000 . Approximately 18.000 € in Spain(?)
Impact of COVID-19 pandemia	Claer increase
Measurement parameters	CLABSI/1,000 cath-days or CR-BSI/1,000 admissions

Episodes of CR-BSI



Catheter-related infections



Available online at www.sciencedirect.com

Journal of Hospital Infection



journal homepage: www.elsevier.com/locate/jhin

Increase in the frequency of catheter-related bloodstream infections during the COVID-19 pandemic: a plea for control

M.J. Pérez-Granda a, b, c, d, *, C.S. Carrillo a, P.M. Rabadán a, M. Valerio a, M. Olmedo a, P. Muñoz a, b, c, e, E. Bouza a, b, c, e

Pre Pandemic (2019) 1.9 episodes/1,000 admissions Pandemic (2020) 5.5 episodes /1,000 admissions; P<0.001.

CR-BSI: Cost HGUGM

Cost per episode: 18,078 Euros

	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
CR-BSI episodes	122	120	98	86	86	118	98	104	84	140	114	114
CR- BSI/1000 adm	2,3	2,4	2,0	1,8	1,8	2,4	2,0	2,2	1,78	3,29	2,92	2,69
Stimated cost	2.205. 516	2.169. 360	1.771 .644	1.554. 708	1.554.7 08	2.133.20 4	1.771.6 44	1.880.11	1.518.5 52	2.530.92 0	2.06	2.060.892

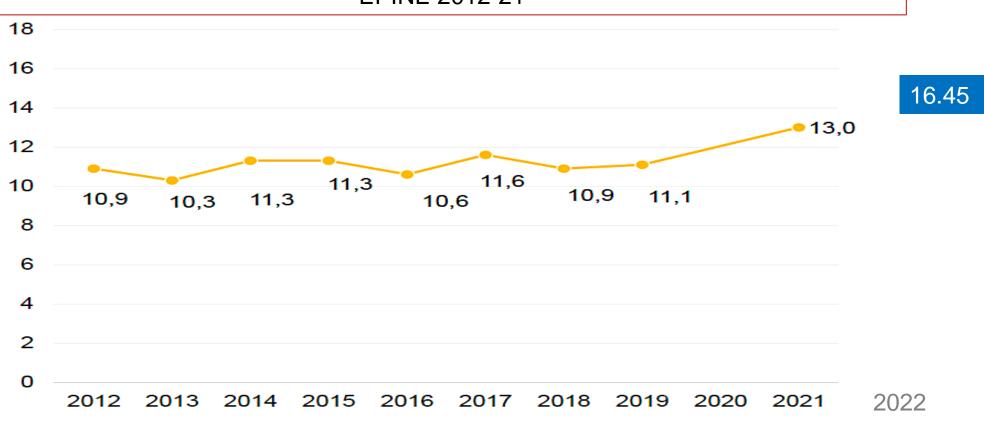
Difference 2021/2022: 0 Euros

Bacteremias/Fungemias

Incidence	101 to 309 episodes/100,000/year 1.3 to 31.4 episodes /1,000 admissions
Strength of the data	Weak
Evolution last 10 years	Stable. No clear proof of incidence changes No proof of changes in the mortality
Mortality	21-32 muertes/100.000 inhabitants/year 13-20% mortality
Cost	6.000-30.000 € per episode
Impact of COVID-19 pandemia	Increase from 1.89 to 5.53 CR-BSI/1,000 admissions
Measurement parameters	BSI episodes/1,000 admissions BSI/100,000 population

Bacteremias

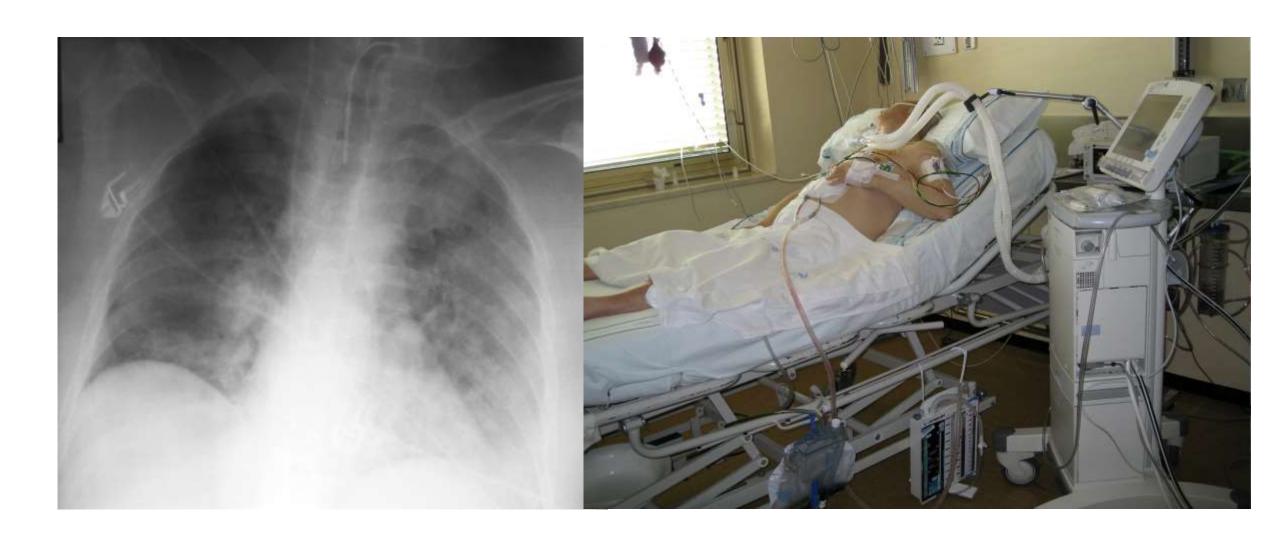




NOSOCOMIAL + EI-RAS Endocarditis

	ICE-PS	Giannitsioti et al	Fdez-Hidalgo et al	Lomas
Catheter origin	56.9%	31%	39.8%	48%
Peripheral catheter	32.1%	23%	39.4%	32.8%
Etiology S. aureus Enterococcus spp. CNS	45% 15% 13%	12% 31% 26%	33% 22.9% 21.7%	31% 17% 28%
MRSA	47%	29.5%	28.6%	30.7%
LVF	37%	33%	47%	32%
Surgery	41%	18%	22.9%	40.2%
Inhospital mortality	25%	39.5%	45.8%	44.9%
Death risks	-	LVF, PVE	ACVA, CF, No surgery	Shock, No surgery

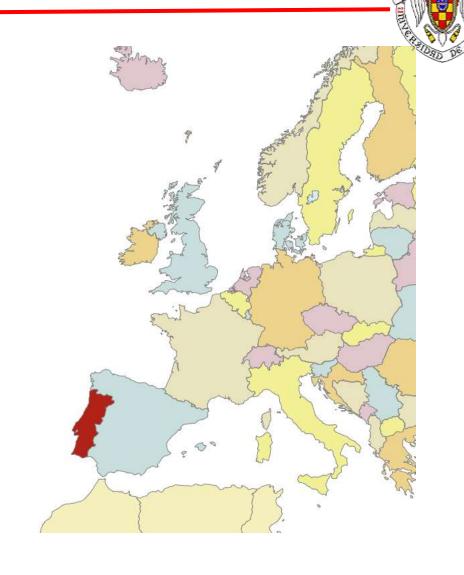
Nosocomial pneumonia



Hospital Acquired Pneumonia

National study in Portugal - 5 years

100 hospitals
28,632 episodes of NN
Incidence 0.95/100 admissions.
Length hospital stay (median 26.4 days)
Mortality (33.6%).
Needed mechanical ventilation 18.8%



Hospital Acquired Pneumonia (HAI)

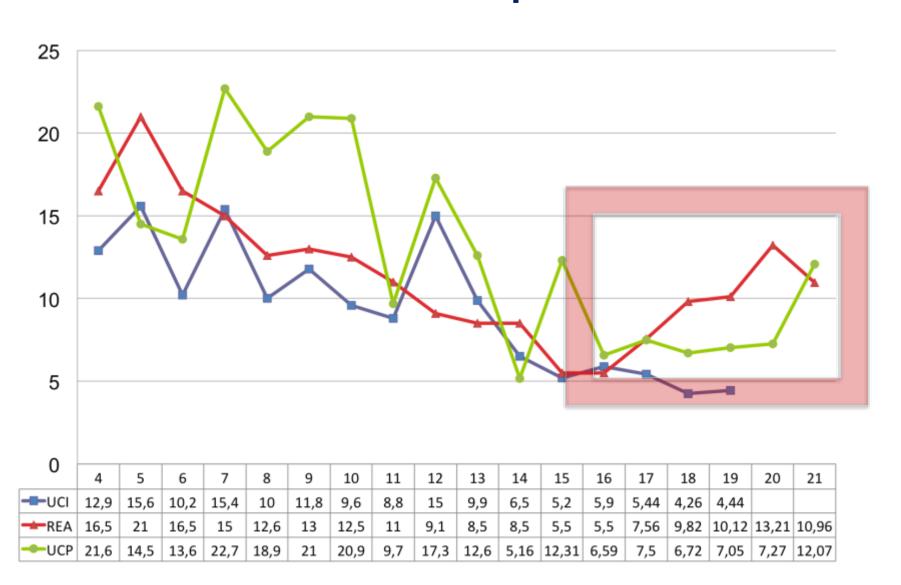
Incidence	Approximately 1% of all hospital admissions 2,63/1,000 hospital days
Strength of the data	Weak
Evolution last 10 years	Reduction in the incidence (VAP)
Mortality	20.7 to 33%.
Cost	49,000 \$
Impact of COVID-19	More pts with VAP among COVID-ARDS vs Non
pandemia	COVID-ARDS
Measurement parameters	Incidence density: VAP episodes/10,000 days of VM

IRAS Respiratorias

Prevalence of pts with respiratory tract infections acquired in the home center $(^{0}/_{00})$. EPINE 2012-21



Incidence Density. VAP. Gregorio Marañón Hospital



Nonventilator hospital-acquired pneumonia

Incidence, mortality, and cost trends in nonventilator hospital-acquired pneumonia in medicaid beneficiaries, 2015-2019

Incidence 1.34% hospital patients

2.63/1,000 hospital days

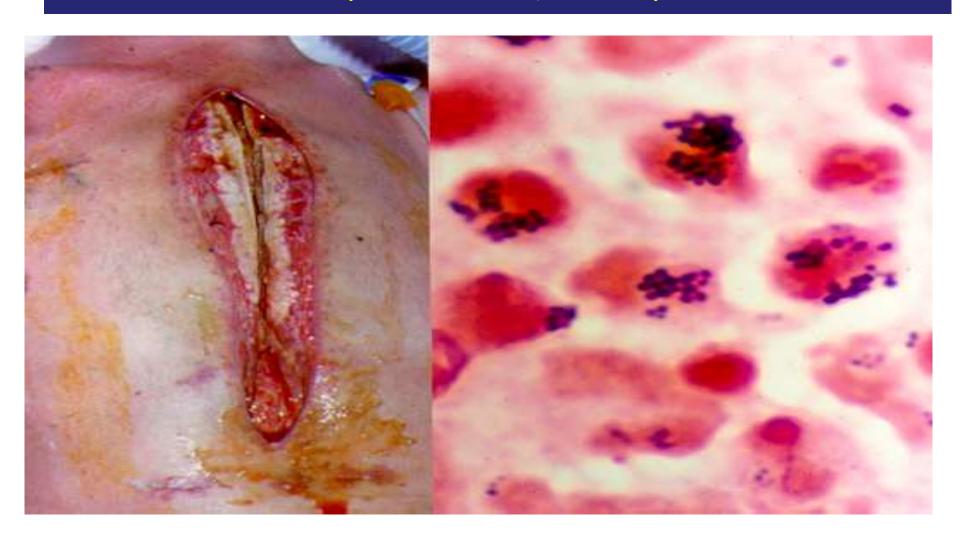
Mortality 7.76%

All cause pneumonia during COVID-19:

BMJ Open Invasive pneumococcal disease, pneumococcal pneumonia and all-cause pneumonia in Hong Kong during the COVID-19 pandemic compared with the Invasive pneumococcal preceding 5 years: a retrospective observational study (B) Pneumococcal pneumonia Pneumococcal All causes Flu

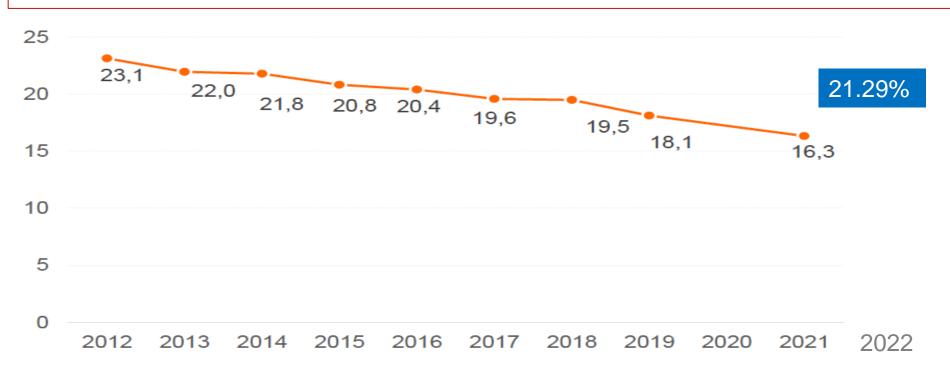
Surgical site infection (SSI)

26% of Nosocomial infections



Surgical site infections

Prevalence of pts with surgical site infections acquired in the home center $(^{0}/_{00})$. EPINE 2012-21



Surgical site infections

	W. S.
Incidence	 0.5% to 10.1% [Prevalence ECDC] Annual Report 2017 47% superficial, 30% Deep, 22% Organ/space 8% Studio di Prevalenza Italiano Sulle Infezioni Correlate All'assistenza e Sull'uso di Antibiotici Negli Ospedali per Acuti—Protocollo ECDC; Università di Torino (2018). 6.5% (Incidence). Wan Y. Br.J.Surg 2021
Strength of the data	Weak
Evolution	SSI rate reduced in one French Study: 3.0% in 2003 to 1.1% in 2016
last 10 years	Bataille C. J.Hosp.Infect. 2019
Mortality	3.4% related mortality Wan Y. Br.J.Surg 2021.
	99 deaths among 44 814 Pts
Cost	Direct/Indirect. Frequently unknown or imprecise. Significant increase of cost
Impact of COVID-19	No clear increase during the pandemic
pandemia	

Surgical site infections: Impact of the pandemic



SURGICAL INFECTIONS Volume 23, Number 5, 2022 © Mary Ann Liebert, Inc. DOI: 10.1089/sur.2022.012

Open camera or QR reader and scan code to access this article



Effect of the COVID-19 Pandemic on Rates of Ninety-Day Peri-Prosthetic Joint and Surgical Site Infections after Primary Total Joint Arthroplasty: A Multicenter, Retrospective Study No substantial differences (0.35% vs 0.26%; p = 0.303)

Tyler Humphrey,^{1,2} Hayley Daniell,¹ Antonia F. Chen,³ Brian Hollenbeck,⁴ Carl Talmo,⁵ Christopher J. Fang,⁴ Eric L. Smith,⁵ Ruijia Niu,⁵ Christopher M. Melnic,^{1,2} Shayan Hosseinzadeh,¹ and Hany S. Bedair^{1,2}

Multicentric, retrospective study. USA

3 years pre and during the pandemic

14,844 TJAs in the pre-COVID-19

5,453 TJAs in the COVID-19 pandemic cohort

ESTUDIO EPINE-EPPS nº 32: 2022

4.1.1 Localización de las infecciones por grupos: prevalencia de infecciones por pacientes y distribución por infecciones

		IR	AS		Infe	cción c	omunita	rias
Localización infección (grupo)	Nº pac	% Prev	Nº infec	% Rel	Nº pac	% Prev	Nº infec	% Rel
COVID-19	668	1,16	668	12,60	3441	5,99	3441	23,23
Urinarias	888	1,55	888	16,75	2583	4,50	2583	17,44
Quirúrgicas	1123	1,95	1129	21,29	0	0,00	0	0,00
Respiratorias	864	1,50	869	16,39	3349	5,83	3358	22,67
Bacteriemias e IAC	737	1,28	747	14,09	871	1,52	873	5,89
Otras localizaciones	976	1,70	1002	18,89	4453	7,75	4556	30,76
Total	4728	8,23	5303	100,00	13355	23,24	14811	100,00



Consequences of surgical site infections

- Spain: 4.7 millon people surgery/year
- 1-10% SSI → 47,000-470,000 persons/year
- ↑ 2-11 mortality risk
- 个 7-10 days hospital stay
- Cost 9,000-18,000 E per episode
- Preventable in at least 60%



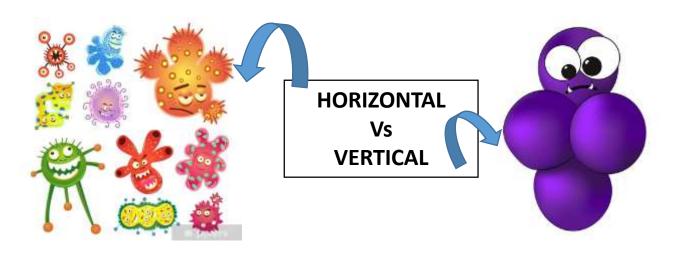
Bundles



Pre-Sx

Intra-Sx

Post-Sx





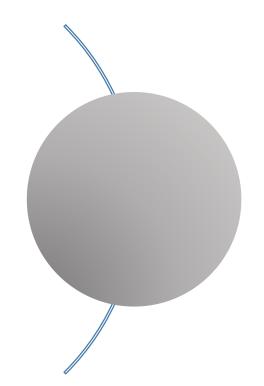
Tipe of surgery

Urgency

Duration

Modifiable

"CATS" + antisepsia and decolonization



Modifiable

"CATS" + antisepsia and decolonization



Cut hair Antibiotic prophylaxis Temperature Sugar

Programa de Reducción de la Infección Quirúrgica del Observatorio de Infección en Cirugía. Documento de priorización y consenso Delphi de recomendaciones para la prevención de la infección de localización quirúrgica.



Método de consenso Delphi modificado

40 medidas de prevención de ILQ revisadas

73 Redactores

53 recomendaciones emitidas 10 recomendaciones priorizadas 1 bundle general de prevención 3 bundles específicos





17 Sociedades Científicas

AEC	Asociación Española de Cirujanos
AECP	Asociación Española de Coloproctología
AEEQ	Asociación Española de Enfermería Quirúrgica
AEU	Asociación Española de Urología
SEDAR	Sociedad Española de Anestesiología, Reanimación y Terapéutica del Dolor
SEACV	Sociedad Española de Angiología y Cirugía Vascular
SECCE	Sociedad Española de Cirugía Cardiovascular y Endovascular
SECO	Sociedad Española de Cirugía de la Obesidad y Enfermedades Metabólicas
SECOM-CyC	Sociedad Española de Cirugía Oral y Maxilofacial y de Cabeza y Cuello
SECOT	Sociedad Española de Cirugía Ortopédica y Traumatología
SECP	Sociedad Española de Cirugía Pediátrica
SECPRE	Sociedad Española de Cirugía Plástica Reparadora y Estética
SEIMC	Sociedad Española de Enfermedades Infecciosas y Microbiología Clínica
SEIQ	Sociedad Española de Investigaciones Quirúrgicas
SEMPSPGS	Sociedad Española de Medicina Preventiva, Salud Pública y Gestión Sanitaria
SENEC	Sociedad Española de Neurocirugía
SEOQ	Sociedad Española de Oncología Quirúrgica

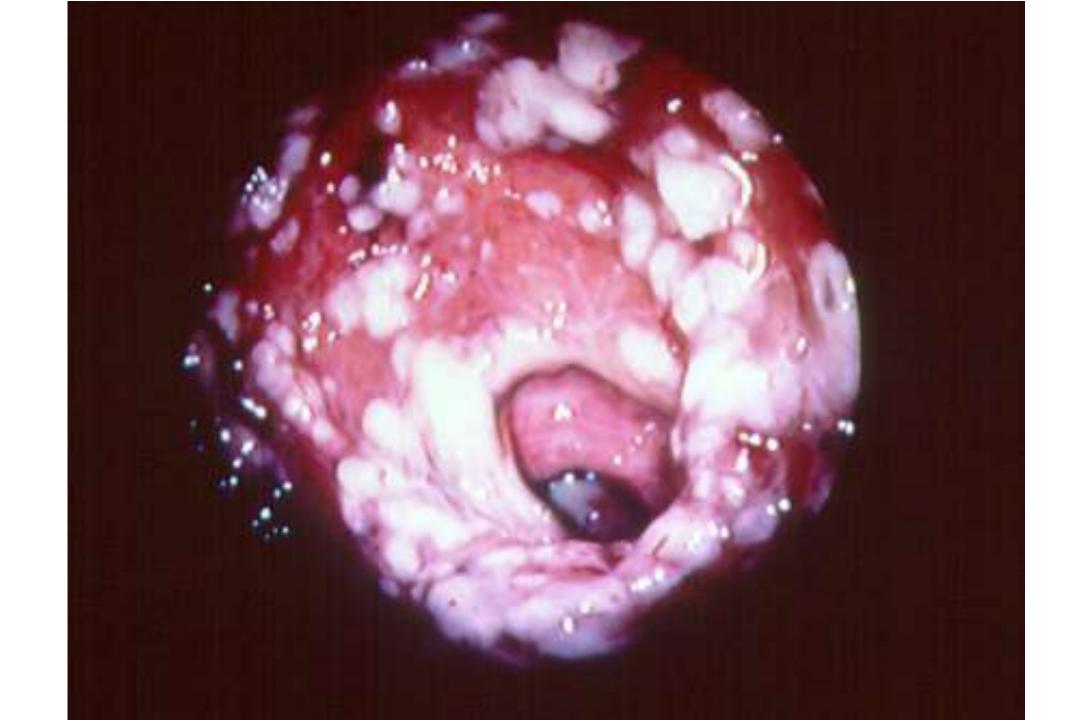
PRIQ-O: Programa de Reducción de la Infección Quirúrgica del Observatorio de Infección en Cirugía ILQ: Infección de Localización Quirúrgica; OIC: Observatorio de Infección en Cirugía

. et al. Cir Esp 2022

https://oincir.org/

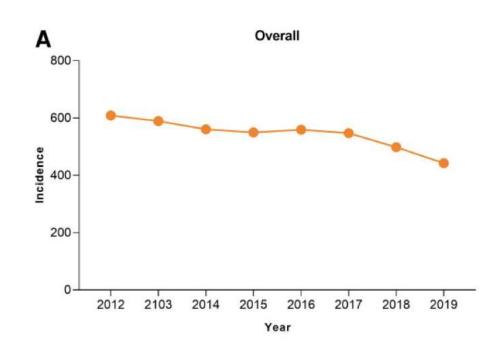


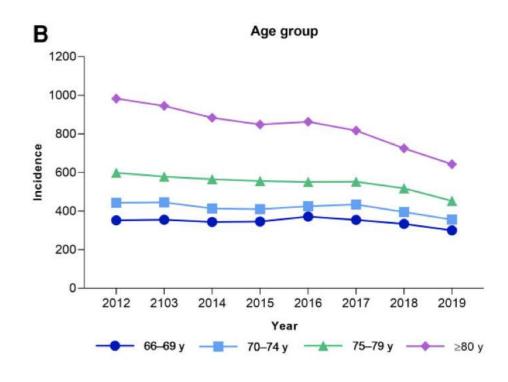
Hospital acquired diarrhea - C. difficile infection



CDI: incidence

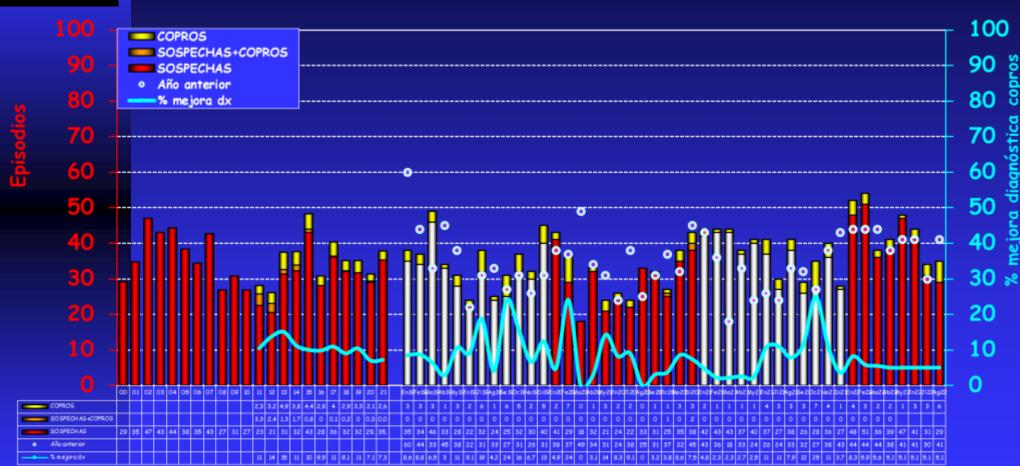








Clostridium difficile toxigénico Monthtly episodes HGUGM (>2 years)



Clostridioides difficile infections (CDI)

Incidence	6-7 episodes /10,000 hospital days
Strength of the data	Weak
Evolution last 10 years	Reduction
Mortality	1.5- 7.9%
Cost	13.476 € per episode. Increase up to 18 days of LOS
Impact of COVID-19 pandemia	Overall reduction. Increase in COVID-19 +
Incidence	Hospital Onset CDI (HO-CDI) CDI/10.000 stays

Clostridioides difficile infections: Pandemic



Clostridioides difficile infection epidemiology and clinical characteristics in COVID-19 pandemic

Silvia Vázquez-Cuesta^{1,2,3}, María Olmedo^{1,2}, Elena Reigadas^{1,2,4,5}*, Luis Alcalá^{1,2,6}, Mercedes Marín^{1,2,4,6}, Patricia Muñoz^{1,2,4,6} and Emilio Bouza^{1,2,4,5,6}

Overall reduction of infection rate Increase in COVID-19 oatuebts

Clostridioides difficile infections: Cost of recurrences





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Original

Revista Española de Quimioterapia doi:10.37201/req/135.2020

Emilio Bouza¹
Javier Cobo²
Mª Jesús RodríguezHernández³
Miguel Salavert⁴
Luan P. Horoninda⁵

Economic burden of recurrent *Clostridioides difficile* infection in adults admitted to Spanish hospitals. A multicentre retrospective observational study

Mean hospital stay (SD) 17.18 days Isolation for a mean of 10.30 days. Mean cost per episode €10,877 (9,499-12,777) What microorganisms cause it?

Nosocomial infection: Microorganisms

Prions

Viruses

Influenza/Hepatitis

Bacteria

E.S.K.A.P.E.

Gram Positive

Gram Negative

MultiResistents

Fungi Aspergillus, Candida

Parasites Scabies

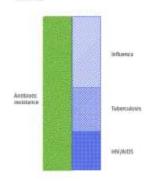
Antimicrobial resistance



Antibiotic resistance – an increasing threat to human health

Antibiotic resistance is the ability of bacteria to combat the action of one or antibiotics. Humans and animals do not become resistant to antibiotics, but bacteria carried by humans and animals can.

The burden of infections with bacteria resistant to antificiates on the European population is comparable to that of infection, tuberculous and HIV/AIDS continued.





Last-line antibiotics

55% of the burden is caused by infections with buckets resistant to fact lies antification such as carbaporients and collects. The fact treatment option available. 33000 deaths

Each year, 33000 purple the free an infection due to bacteria restraint is arithestics. This is comparable to the total manifer of passengers of more than two medium street annuals.



75 % healthcare-associated infections

75% of the bastien of bacteria resistant to aetibiotise in Earning to size to healthcare possessible interiors. This could be enableded through adoquate infection prevention and control measures, as well as artifatodic also adopting to healthcare settings.

Solutions

These is still time to turn the tide of antibodic resistance and ensure that antibiotics remain effective to the future by:



Using antitionics productly and only when they are recovery.



ingrementing good infection groweries and control practices, including hand hygiene as well as accessing for sample of infection with multidys; recision backets and resistor for carriers/infected parliams.



Protesting research and development of new ambitotics with rovel mechanisms of action.



Renvers pay and pay, the burden of each of the stransment particular for Gebrus's presencing increased in particular for Gebrus's presencing and Europethia sock.

Klebsiella pneumoniae

The cumber of deaths attributable to infections with forbulefa presumentar resistant to carbapewers – a group of tass line anothers – increased sa-fold.

Escherichia coll

The number of deaths attributable to refections with third generation capitalosperis restitant Escherichle subincreased fear-fall.



Everyone is responsible

Everyone is responsible for addressing this threat to human health, patients, doctors, range, pyternactats, veterbrarturs, famons, policy makers.









Candidemia by Candida auris

Clinical Infectious Diseases

MAJOR ARTICLE







Simultaneous Emergence of Multidrug-Resistant *Candida auris* on 3 Continents Confirmed by Whole-Genome Sequencing and Epidemiological Analyses

Isolates from 54 patients across 3 continents, Asia, America, and Africa.

41% Diabetes, 51% recent surgery, 73% central catheter Resistance to Fluco (93%), Ampho B (35%), Candins (7%)

Lockhart SR Clin .Infect. Dis. 2017; 64:134-140.

We can improve the situation!! Yes, we can

CDC's 2019 AR Threats Report: PREVENTION WORKS.





AND DECREASES IN INFECTIONS CAUSED BY:

Vancomycin-resistant Enterococcus

Multidrug-resi

Multidrug-resistant aeruginosa

+21%

Methicillin-resistant Staphylococcus aureus (MRSA)

STABLE Carbapenem-resistant Enterobacteriaceae (CRE) & drug-resistant tuberculosis (TB disease cases)

Antimicrobials misuse?

Why we should protect antimicrobials

- Antibiotics are a valuable and threatened resource
 - They change the natural course of infections that cause high morbidity and mortality
 - Essential for performing other procedures (surgery, transplantation, oncological treatment, etc.)
- The use of antibiotics exposes them to loss of efficacy
 - One Health (humans, agriculture, veterinary, construction)
 - Complex process of induction / selection / transmission of resistance mechanisms
 - Requires their use with great precision / attention
- In 30-50% of antibiotic treatments, there is room for improvement



684 Antimicrobials

Pediatrics 12%

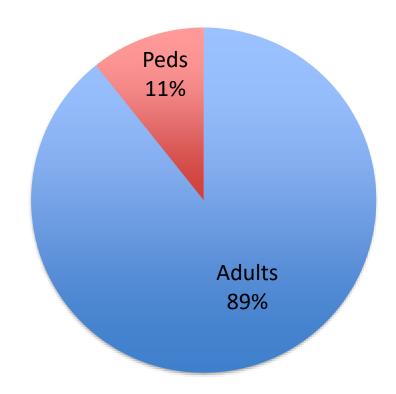
Adults 88%

Nº Ab / pts Adults: **1.4** (range 1-5) Nº Ab / pts Pediatrics: **1.6** (range 1-4) Prevalence ABS use: 43%

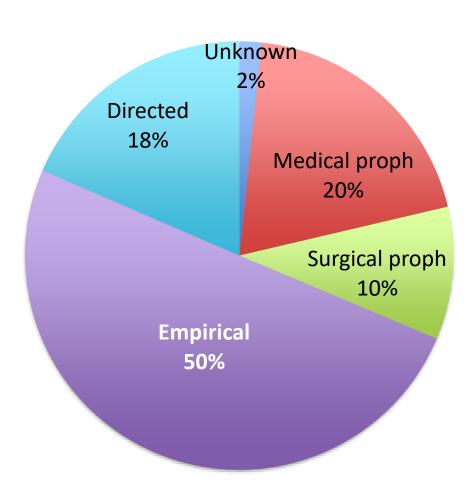
Prevalencia en Pediatría: **34,93**%

Prevalencia en Adultos: 40,86 – **43,88%**

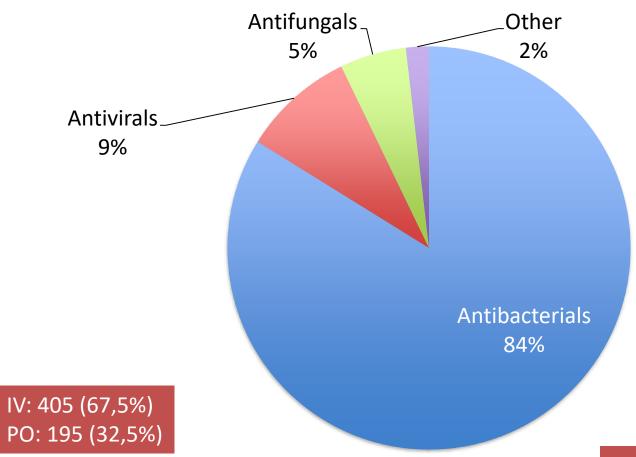
466 Pacientes



Type of prescription

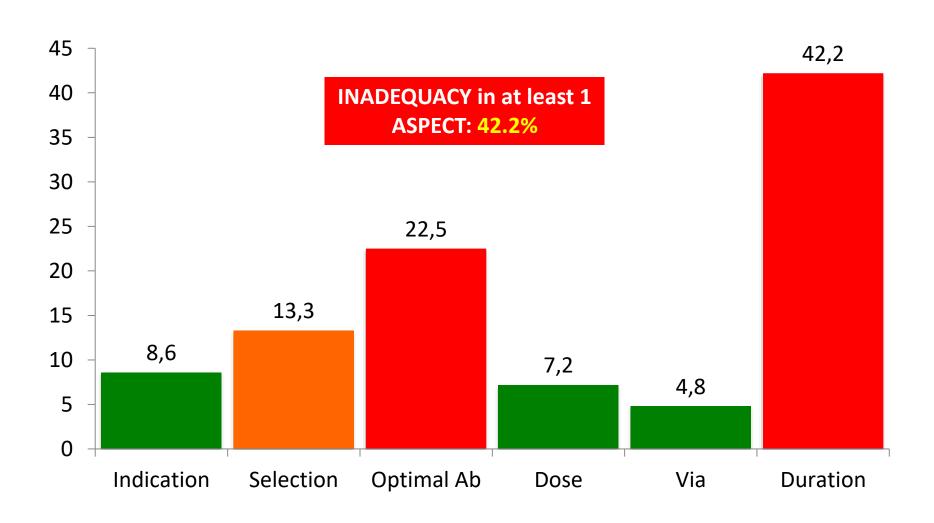


Type of antimicrobials. Adults



24,3% Not reflected in Clinical chart

Inadecuacy in the use of antimicrobials (%) in adults



Which is the reality of NI in Spain?

INFORME DE VIGILANCIA

Encuesta de Prevalencia de infecciones relacionadas con la asistencia sanitaria y uso de antimicrobianos en hospitales de agudos en España

2012-2021

ESTUDIO EPINE-EPPS nº 32: 2022

Informe España

Prevalencia de infecciones (relacionadas con la asistencia sanitaria y comunitarias) y uso de antimicrobianos en hospitales de agudos

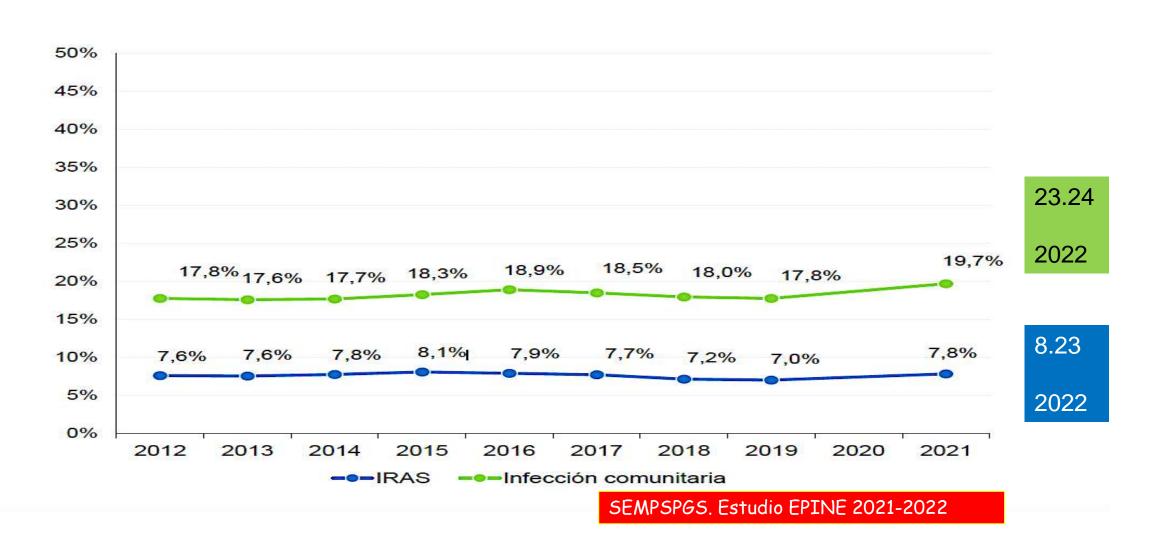


Versión 1.0

Fecha elaboración: 01/12/2022

Infección Comunitaria/nosocomial en Hospitales espyearles

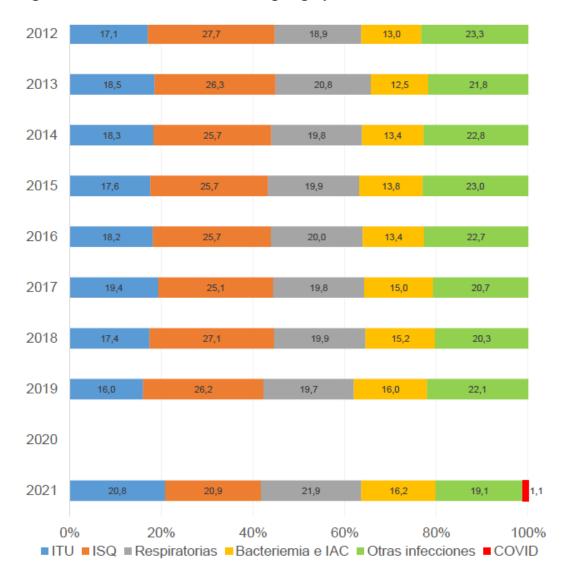
Figura 5. Prevalencia de pacientes con IRAS e infecciones comunitarias. EPINE 2012-2021.



Pacientes ingresados

A = -	N. de	N. de	Edad	Categorías de edad		
Año	hospitales	pacientes	Media (años)	<16 años	16-64 años	>=65 años
2012	271	53976	59,63	8,12	38,71	53,17
2013	281	56202	59,91	7,64	39,14	53,22
2014	266	55903	60,01	7,89	38,64	53,47
2015	277	57513	60,24	8,09	37,88	54,03
2016	294	59624	60,80	7,62	38,05	54,32
2017	313	61772	60,86	7,56	38,08	54,36
2018	313	60436	60,82	7,81	37,86	54,28
2019	293	60152	61,31	7,29	37,73	54,97
2021	290	49840	61,63	6,52	39,25	54,44
Nº=número						

Figura 11. Distribución de las IRAS según grupo. EPINE 2012-2021.

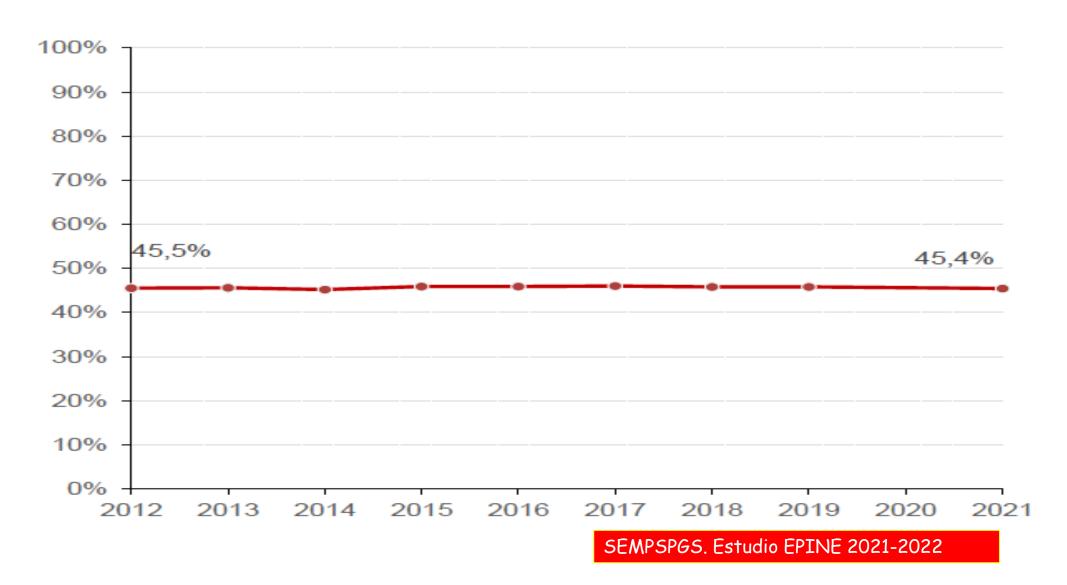


Distribución de las IRAS

SEMPSPGS. Estudio EPINE 2021-2022

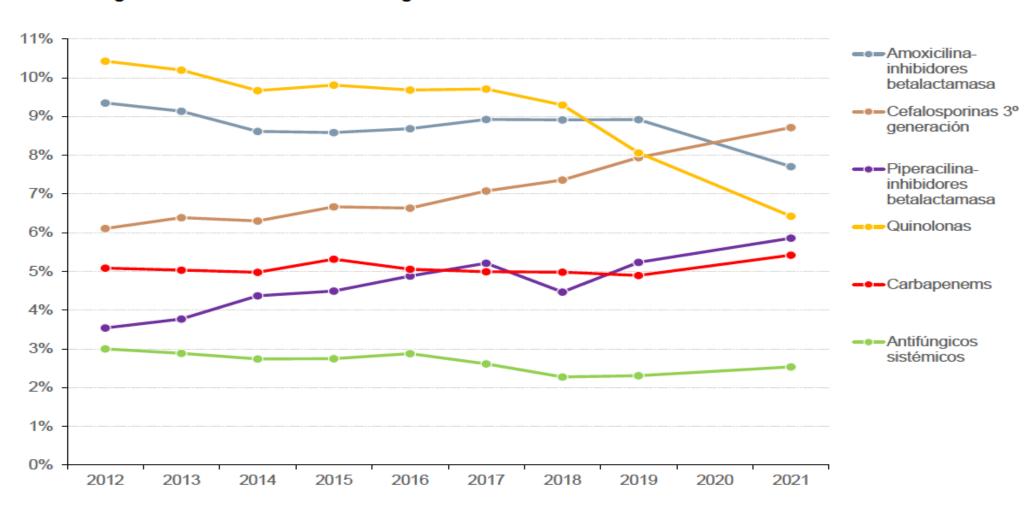
Prevelencia uso antibióticos

Figura 18. Prevalencia de uso de antimicrobianos. EPINE 2012-2021.



Uso de antimicrobianos

Figura 20. Prevalencia de uso de algunos antimicrobianos. EPINE 2012-2021.



Resistencias a Meticilina S. aureus

Figura 14. Resistencias antimicrobianas en IRAS para *S. aureus*. EPINE 2012-2021.

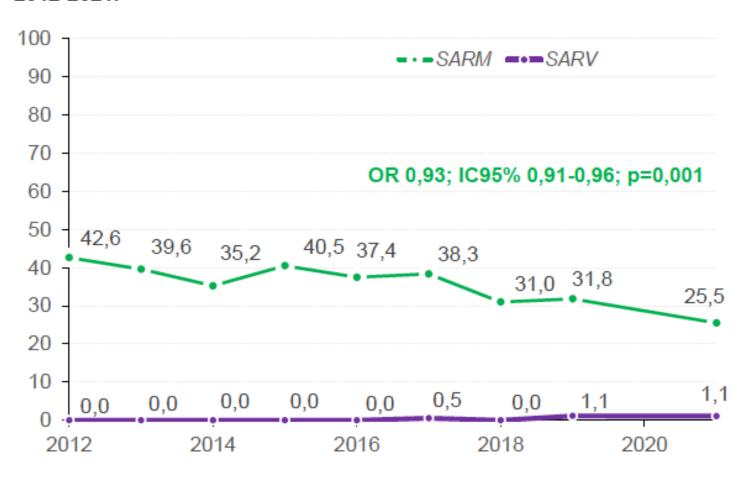
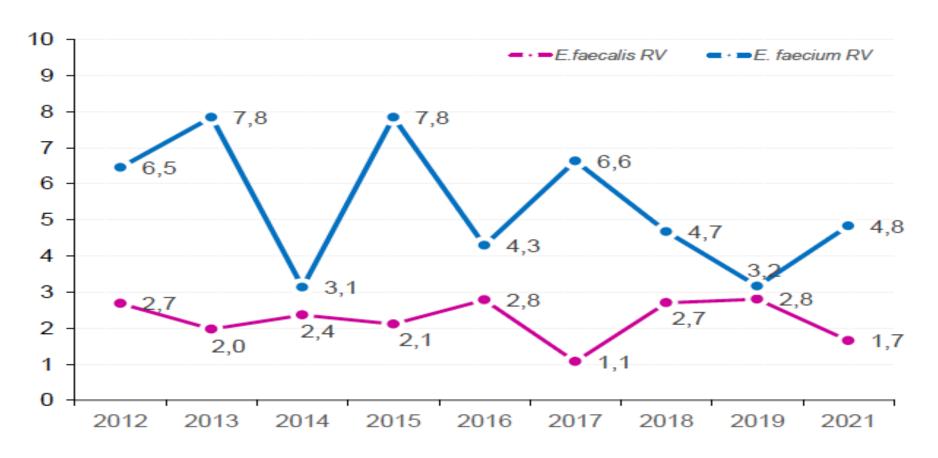
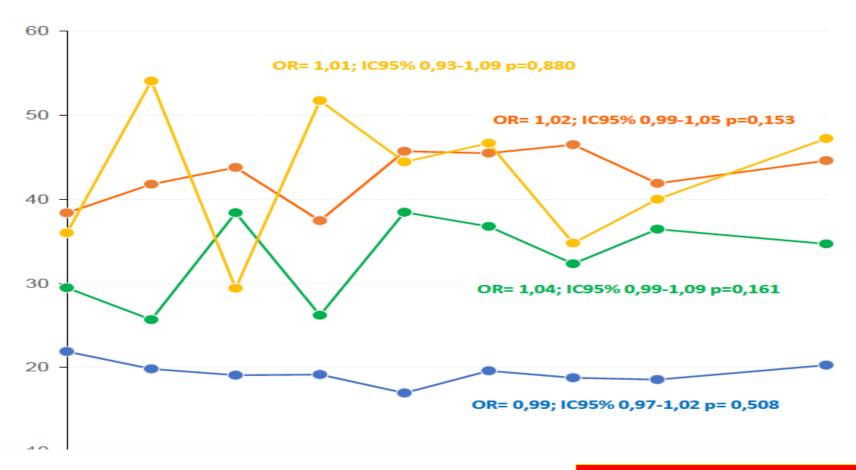


Figura 13. Resistencias antimicrobianas en IRAS para *E. faecalis y E. faecium*. EPINE 2012-2021.



Resistencias Cefas 3°G. Enterobacterias

Figura 15. Resistencia a Cefalosporinas de 3º generación en IRAS para algunas Enterobacterias. EPINE 2012-2021.



Resistencia Carbapenems. Enterobacterias

Figura 16. Resistencias antimicrobianas a carbapenémicos en IRAS para algunas Enterobacterias. EPINE 2012-2021.



Impact of COVID-19?

HAI during the pandemic



Clinical Infectious Diseases

MAJOR ARTICLE







The Disproportionate Impact of Coronavirus Disease 2019 (COVID-19) Pandemic on Healthcare-Associated Infections in Community Hospitals: Need for Expanding the Infectious Disease Workforce

Sonali D. Advani, 12.9 Emily Sickbert-Bennett, Rebekah Moehring, 12 Andrea Cromer, Yuliya Lokhnygina, Elizabeth Dodds-Ashley, 12

Retrospective, longitudinal, multicenter cohort study 53 hospitals, academic and community

CLABSI	Increase	24%	CAUTI	Stable
VAP	Increase	34%	CID	Increase 4.2%

Advani SD. C.I.D. 2022 Aug 23; ciac684. doi: 10.1093/cid/ciac684. Online ahead of print.

COVID-19 nosocomial co-infection

Hospital Gregorio Maryearn 1350 beds.

Population of 750,000 inhabitants

1-24 March: 1088 COVID-19 admissions

≥ 2 months follow-up

Nosocomial infection 118 par/1088
Total number of infections 212
(microbiologically proven)



Previously 5.87% (observatorio resultados CAM)





Prevalence of nosocomial infection in COVID-19 patients in HGUGM

Proven nosocomial infection 1-24 March: 1088 COVID-19 admissions in the HGUGM

Type of infection	Nº	Infections /1000 admissions	Infections /1000 d
Urinary tract infections	62 (29.2%)	57.0	3.5
MV-related pneumonia	43 (20.3%)	39.5	17.6*
Bacteremia related to CVC	33 (15.6%)	30.3	1.8
Bacteremia (non related to CVC)	25 (11.8%)	23.0	1.3
CMV reactivation	15 (7.1%)	13.8	0.8
Nosocomial pneumonia	8 (3.8%)	7.3	0.4
CR-candidemia	8 (3.8%)	7.3	0.4
SSTI	8 (3.8%)	7.3	0.4
C. difficile	7 (3.3%)	6.4	4.0**
Gastrointestinal	2 (0.9%)	1.8	0.1
CNS	1 (0.5%)	0.9	0.05
No. of infections	212 (100%)	194.8	12

CVC: Central venous catheter; CMV: Citomegalovirus

*1,000 days de VM; ** 10,000 days de estancia hospitalaria





What is the cost?

Infection costs

DIRECT

- Diagnosis
- Therapy
 - Antimicrobials
 - Excess of hospital stay (60-80% total cost)
 - ICU admission
 - Adverse events
 - Surgery, drainages, etc
- Control of nosocomial infections

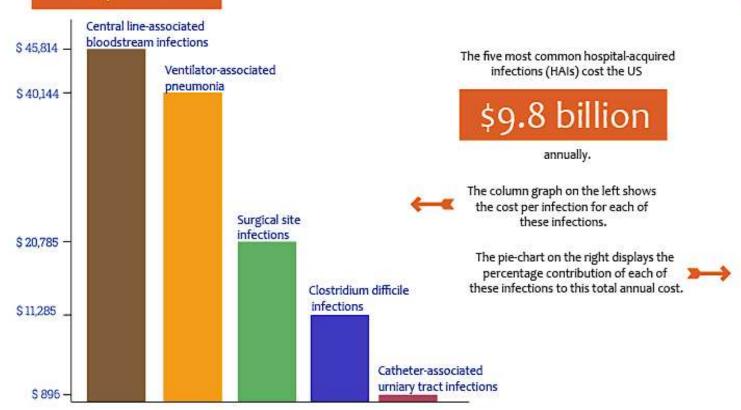
INDIRECT

- For the patient
 - Morbility /Sequelas
 - Mortality (DALY*)
 - Productivity loss
 - Personal and family costs
- Other institutions
- Society
 - Resistance
 - Legal demands and loss of reputation (litigiousness)
 - Opportunity costs (waiting lists...



Costs of the five most common hospital-acquired infections (HAIs) in the US

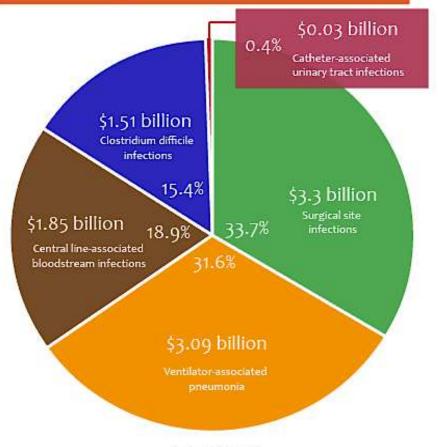
Costs per case



Data source: Eyal Zimlichman, Daniel Henderson, Orly Tamir, Calvin Franz, Peter Song, Cyrus K. Yamin, Carol Keohane, Charles R. Denham, & David W. Bates. Health Care—Associated Infections: A Meta-analysis of Costs and Financial Impact on the US Health Care System. JAMA Internal Medicine.



Percentage share of total annual costs





Cost of Nosocomial Infections in the USA

Estimated: \$28 billion to \$34 billion

Potentially Avoidable: \$25 billion to \$32 billion with infection control programs

Global cost of nosocomial infection

In Spain, it is estimated to be around 1,000 million euros annually¹.

According to the WHO, the estimated cost due to HAIs in Europe is around 7,000 million euros annually².

- 1. Revisión Bibliográfica sobre Trabajos de Costes de la "No Seguridad del Paciente". Madrid: Ministerio de Sanidad y consumo, 2008.
- 2. Report of the burden of endemic health care-associated infection worldwide. Geneva: World Health Organization, 2011.

Nosocomial infection: direct costs

Type of Nosocomial infection	Cost (€ 2012)* per infected patient		
IV Catheter local infection	664 €		
Urinary tract infection	1,107 – 1,158 €		
IBC related bacteremia	4,713 €		
CR-bacteremia	9,971 – 16,182 €		
VAP-related bacteremia	11,473 – 18,214 €		
Nosocomial pneumonia	22,249 €		
Surgical site infection	29,400 €		
Bacteremia/Infection due to MRSA	44,541 €		
* Costs from 2005.			

Revisión Bibliográfica sobre Trabajos de Costes de la "No Seguridad del Paciente". Madrid: Ministerio de Sanidad y Consumo, 2008.



Economic impact of resistence

■ Europe 2007: at least 1.5 billion euros



- Productivity loss: 40%
- Accounts for an external visit after discharge
- Excess mortality and stay calculated based on studies with non-time-dependent models, sometimes small and without adjustment for empirical treatment
- USA 2000: 55 billion dollars (cost of hospitalization and patient)
 - Indirect patient costs: 64% (includes loss of earnings due to illness or premature death)



(http://www.tufts.edu/med/apua/consumers/personal_home_5_1451036133.pdf) Alliance for the Prudent Use of Antibiotics Based on Roberts' study



What is needed to eradicate it?

Means to combat it

Eradicate complacency

Working groups

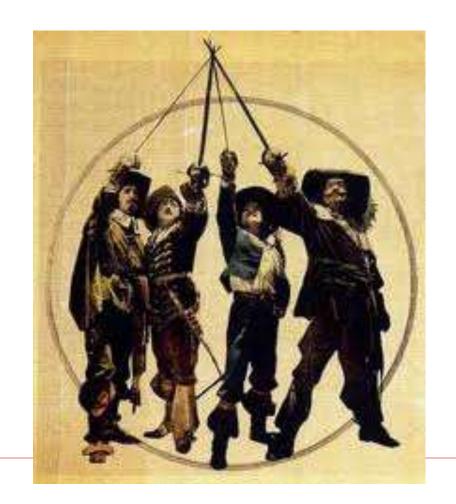
Operational dynamics

Indicator parameters

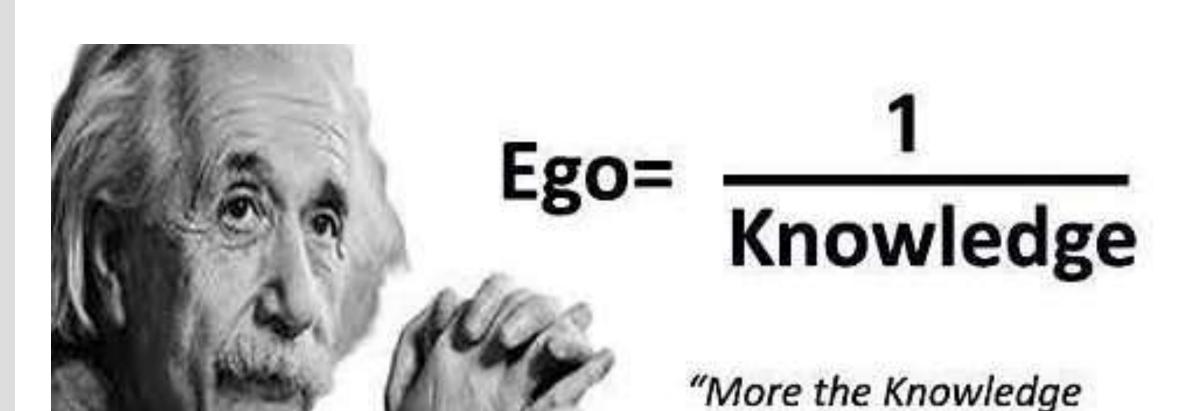
Expectations

IF YOU ARE NOT PART OF THE SOLUTION, YOU ARE PART OF THE PROBLEM

Omnes omnibus



Multidisciplinary team





Lesser the Ego,

Perception of nosocomial infection







- Inherent to medicine advances
- Inevitable

- Evitable and caused by a <u>system</u> mistake
- It is acknowledged and requires a corrective action

How it all started

- An 18-month-old girl is admitted to Johns Hopkins for burn injuries.
- Three weeks later, while she is already recovering, she dies from CR-BSI (catheter-related bloodstream infection).
- After months of considering whether to take the case to court and the media, the mother agrees to settle with the hospital.
- She eventually donates part of the settlement money to help prevent similar incidents from happening in the future.







Peter Pronovost





Anesthesiologist—Intensivist at Johns Hopkins, highly interested in patient safety. His father had died due to a medical error when he was a medical student.

THE BALTIMORE SUN

From tragedy, a quest for safer care



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The power of a mother's grief

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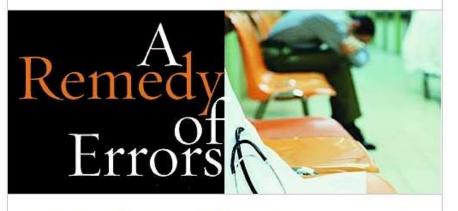
an online version of the magazine

SPRING/SUMMER 2004

Death of toddler in hospital spurs mother to action

Sorrel King's mission: Push for safety in hospitals

FEATURES



Out of a deadly medical mistake at Hopkins Hospital sprang a patient-safety effort that has united a bereaved parent with malpractice lawyers, physicians and nurses.

BY MARY ANN AYD

FEATURES

- A Remedy of Errors
- Childhood Trials
- > Meat Muddle

DEPARTMENTS

- Circling the Dome
- Medical Rounds
- Annals of Hopkins

OPINIONS

- Learning Curve
- Post-Op



What Johns Hopkins Children's Center did well

- The hospital acknowledged the error and visited the parents at their home.
- An investigation was launched, and the hospital director set aside 30 minutes
 every Friday to update the parents by phone.
- System errors were identified:
 - The child died from dehydration and catheter-related sepsis.
 - There was a communication failure between medical teams.
 - The mother's concerns were not heard, and clinical signs were not recognized.

2001 ICU checklist protocol



INSERTION OF THE CATHETER

Doctors should:

- 1. Wash their hands with soap.
- 2. Clean the patient's skin with chlorhexidine antiseptic.
- 3. Put sterile drapes over the entire patient.
- 4. Wear a sterile mask, hat, gown and gloves.
- 5. Put a sterile dressing over the catheter site

A nurse could <u>stop the proceeding</u> (backup from the administration to intervene)

5'. Remove unnecesary catheters (nurse ask each day)



"Patient Safety Culture"



- It is not only ZERO NI rates, but ..
- Zero tolerance to non-compliance with proven effective preventive measures

- Traceability!!!!
- Posters in the hallways keeping track of the SENTINEL EVENTS OF THE MONTH

- Reckless behavior should be punished
- Risky behavior should be corrected through training
- Human error should be supperted
- The secret of quality is love; we need to ensure we respond to errors with love.

Aspectos beneficiosos

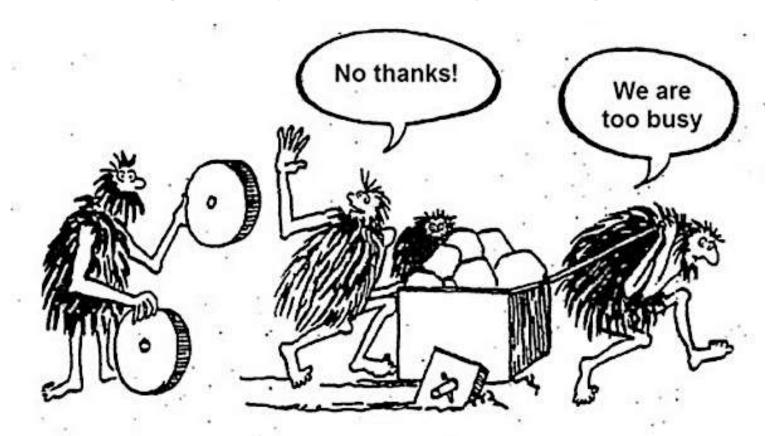


- Safety culture
- Reduction of nosocomial infection
- Reduction of other complications
- Double-checking, medication errors, thromboembolism, etc.
- Technological development

Innovation for patient security

Friend

Making it easy to do the right thing



Always more



- "100,000 Lives Campaign"
- "5 Million Lives Campaign"
- The "Never Events" preventable errors mandate
- ZERO RISK, ZERO TOLERANCE
- Wise facts

Berwick DM,. The 100.000 Lives Campaign: setting a goal and a deadline for improving health care quality. JAMA 2006; 295:324.



Choosing Wisely in Healthcare Epidemiology and Antimicrobial Stewardship



TABLE 1. Society for Healthcare Epidemiology of America Choosing Wisely Recommendations

Final Choosing Wisely recommendations

- 1. Don't continue antibiotics beyond 72 hours in hospitalized patients unless patient has clear evidence of infection.
- 2. Avoid invasive devices (including central venous catheters, endotracheal tubes, and urinary catheters) and, if required, use no longer than necessary. They pose a major risk for infections.
- Don't perform urinalysis, urine culture, blood culture, or Clostridium difficile testing unless patients have signs or symptoms of infection.
 Tests can be falsely positive leading to overdiagnosis and overtreatment.
- 4. Do not use antibiotics in patients with recent C. difficile without convincing evidence of need. Antibiotics pose a high risk of C. difficile recurrence.
- 5. Don't continue surgical prophylactic antibiotics after the patient has left the operating room.

Choosing Wisely runner-up items

- 1. Don't use antibiotics for apparent viral respiratory illnesses (sinusitis, pharyngitis, bronchitis, otitis media).
- 2. Don't reuse syringes, needles, medication vials, or intravenous solutions.
- 3. Don't come to work sick.
- 4. Don't treat Candida in the respiratory tract specimen.
- 5. Don't perform cultures of vascular catheter tips in the absence of suspected infection.



Zero infection, Zero risk?

- "Impossible" objectives and campaigns for ICU
 - Confusion in society
 - Frustration among professionals
- Achievable objectives (UTI)
- Penalties/Extrinsic incentives
- Handling of "errors"
- Underdiagnosis and underreperting. Coding changes
- Threat to Microbiology progress





Will Regulatory and Financial Considerations Dampen Innovation in the Clinical Microbiology Laboratory?







Hospital Characteristics Associated With Penalties in the Centers for Medicare & Medicaid Services Hospital-Acquired Condition Reduction Program

■ 721/3284 hospitals (22.0%) were penalized

- Major teaching hospitals, cared for more complex patients, were safety-net hospitals and offered advanced services
- Higher hospital quality scores, more quality accreditations, and better performance on other process and outcome measures!!!



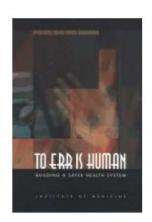


INSTITUTE OF MEDICINE

Shaping the Future for Health

TO ERR IS HUMAN: BUILDING A SAFER HEALTH SYSTEM

ealth care in the United States is not as safe as it should be--and can be. At least 44,000 people, and perhaps as many as 98,000 people, die in hospitals each year as a result of medical errors that could have been prevented, according to estimates from two major studies. Even using the lower estimate, preventable medical errors in hospitals exceed attributable deaths to such feared threats as motor-vehicle wrecks, breast cancer, and AIDS.



Fifteen years after *To Err is Human*: a success story to learn from



Peter J Pronovost, 1 James I Cleeman, 2 Donald Wright, 3 Arjun Srinivasan 4



The "Zero Risk" Concept for Hospital-Acquired Infections: A Risky Business!

Jean Carlet, Jacques Fabry, René Amalberti, and Laurent Degos

¹Haute Autorité de Santé, Saint-Denis La Plaine, and ²Université Claude Bernard, Lyon, France

"Never Events": Not Every Hospital-Acquired Infection Is Preventable

Clinical Infectious Diseases 2009; 49:743

Jack Brown, 1,2,3 Fred Doloresco III, 2,3,6 and Joseph M. Mylotte 4,5

- The risk will remain in units that deal with the most severely ill patients.
- Practitioners need to discuss potentially harmful procedures with their patients and explain that the risk will not be zero even if all preventive action is taken.

Real situación



- Limited resources and little technological innovation
- Political dependence and constant financial crisis
- Lack of patient safety culture
- NON-EXISTENT PROBLEM FOR THE MEDIA, OR ONLY TO DENOUNCE A SPECIFIC CASE, NOT TO REALLY SUPPORT CHANGE
- Motivation and individual freedom

What can we do with the professional that...

- Does not get the flu vaccine
- Does not comply with preventive measures
- Does not attend training sessions.....



Conclusions



- Useful develo depart
- Object influer
- Expans
- Need t work. or und



inly her

clear

ate good ng changes

Committee for Infection Control and Antibiotic Policy

Composition: Representatives of

Infectious Dis Microbiology Preventive med Pharmacy Occupational health Management

Surgery **ICUs** Medicine **Pediatric** Nurses **Engineering**

Committee for Infection Control and Antibiotic Policy

Periodic meetings

Minutes

Agenda

Data review

Design of action protocols

Impact measurement

Issuance of recommendations

Microbiologists

Microbiologists/100.000 inhabitants. E.U.

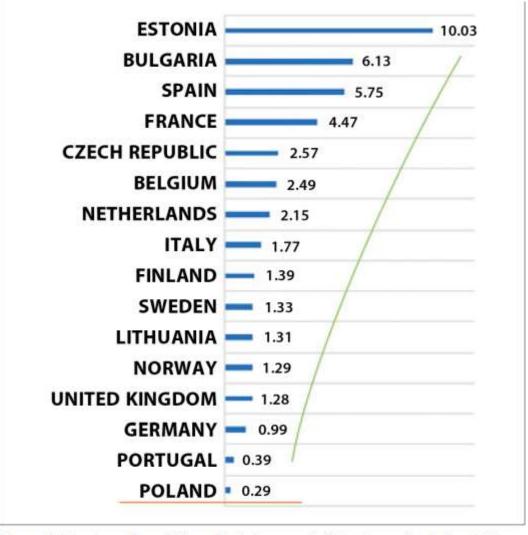


Figure 1. Number of practicing physicians specializing in medical microbiology in selected EU countries per 100,000 inhabitants

56.2% of Spanish hospitals have routinary microbiological diagnosis during the weekends

```
Provide results on weekends
Tertiary 43.7%
Secondary 34.9%
Primary 15.4%
Specialized 5.4%
```



Future control base of the use of bacteriophages?

Potential of Therapeutic Bacteriophages in Nosocomial Infection Management

Nannan Wu^{1*} and Tongyu Zhu^{1,2*}

Hospitalized Patients

Reference	Patients	Design	Variable	Results
Cisneros JM CMI. 2014	1206 Hospitalized Spain	Prospective. Pre/Post	Inadequate	53% 26%
Spoorenberg V. CID 2014	1964 pts cUTI 19 hosp. Netherlands	Prospective	Different Quality Indicators. Inadequate Guide follow/up	69%
Davey P. Cochrane D.S.R.2013	Cochrane Review	Systematic review	Comparison of efficacy of Persuasive vs Restrictive interventions	35-42%
Zarb P. J <i>AC</i> 2011	25 countries 172 hoaspitals	Point.Prev. Stud	No-Compliance Guidelines	37%

Emergency Departments

Referen.	Patients	Design	Variable	Results
Yunquera- Romero L. R.E.Q. 2018	676 Adults Emergency Dept Spain	Retrospective	Inadequate indication Inadequate dosing Inadequate lenght Goobally inadequate	43% 17% 55% 79%
Zatorski C. BMC Infect.Dis. 2016	103 Non- complicated UTI. UK	Prospective, observational, single centre	Inadequate	63%
Fleming-Dutra KE. JAMA 2016	184032 visits Ambulatory care USA	Retrospective. Dsata base	Inadequate	50%

Engineers and nosocomial infections

1. Facility Design:

Layouts that reduce patient crowding, proper ventilation systems, and materials that are easy to clean and disinfect.

2. Water and Air Quality Control

ensure the quality of water and air within healthcare facilities filtration systems, UV disinfection, and proper humidity levels to prevent the growth of pathogens.

3. Hand Hygiene Infrastructure

Designing and installing hand hygiene stations at strategic locations throughout the hospital can encourage better compliance with hand hygiene practices among healthcare workers and visitors.

Engineers and nosocomial infections

4. Sterilization and Reprocessing

Develop and maintain equipment for the sterilization and reprocessing of medical instrumentsuse.

5. Monitoring and Surveillance Systems

Advanced monitoring systems to track infection rates and identify potential outbreaks early (sensors and data analytics to monitor environmental conditions and infection control practices. Prediction of risks AI softwares)

6. Construction Practices

Proper infection control during hospital construction or renovation (dust containment, negative pressure rooms, antimicrobial surfaces)

7. Education and Training:

Work with healthcare professionals to provide training on the proper use and maintenance of infection control technologies and systems.

Nosocomial infection

- 1. They affect between 5% and 10% of hospitalized patients
- 2. Their economic cost in Spain is estimated at around 1,000 million euros
- 3. The most important are Surgical Site Infection, UTI (Urinary Tract Infection), and Respiratory Infection...
- 4. Multi-resistant and difficult-to-treat microorganisms are more frequent

Nosocomial infection

- 5. The control of HAIs (Hospital-Acquired Infections) is structured through a Committee or Multidisciplinary Team
- 6. It defines problems and documents them with figures
- 7. It establishes control measures, both educational and of other natures
- 8. It sets up action plans for specific outbreaks

Nosocomial infection

9.- Hand hygiene is the main control mechanism

10.- Transmission precautions are other useful way of fighting NI

67 yo pt with complicated heart surgery

 A yeast is recovered from a blood culture

• It is identified as Candida auris





